#### **Independence BEACH Wrestling Dual Championships**



## Wednesday, July 3rd, 2024 Teacher's Park

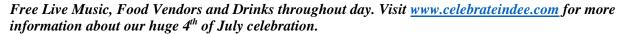
### 352 1st Ave NE, Independence, Iowa

High School/College Duals Men's and Women's Divisions

#### REGISTRATION

Pre-Registration by Tuesday, July 2nd at 8:00PM by contacting either Michael Doyle (<a href="mailto:mdoyle@indeek12.org">mdoyle@indeek12.org</a>) or Matthew Shannon (<a href="mailto:mattindee1@gmail.com">mattindee1@gmail.com</a>) High School or College Teams cost \$100.00 each to register.

This event is part of the USA Beach Wrestling Tour of America!





From 4:00pm – 4:30pm. Athletes must weigh in in their competition uniform (shorts for men / sports bra & shorts for women). You must present your USA card at weigh ins. All Weigh-ins will take place at Teacher's Park. Wrestling begins no earlier than 5:00PM. Dual weigh-in will count towards the individual tournament weigh-in if you are competing in the individual tournament.

#### **MEMBERSHIP**

Must have a USA Wrestling Card. Limited Folkstyle Card accepted. www.usawmembership.com

#### **AWARDS**

Will be given out at the conclusion of the tournament. The winning team will earn a donation towards their school or university's wrestling program equal to 50% of the total dual entry fees collected in their division.

#### **RULES**

UWW Beach Wrestling Rules will be used to conduct matches. Match consists of one 3-minute period. Dual Rules on next page. Individual Tournament info can be found on the Individual Tournament flyer.

#### **QUESTIONS**

Head Coach: Michael Doyle - mdoyle@indeek12.org

Tournament Director: Matthew Shannon - mattindee1@gmail.com











# INDEPENDENCE BEACH WRESTLING INDIVIDUAL TOURNAMENT WEIGHTS

# 2024 BEACH WRESTLING DUAL TOURNAMENT DIVISIONS

#### Men's Beach (MB)

Age		
Division		Weight Class (lbs.) / Other Information
High School	Must be 8 <sup>th</sup> -12 <sup>th</sup>	113 lbs., 126 lbs., 138 lbs., 150 lbs., 165 lbs., 190 lbs., 285 lbs.
	Grade in 23-24	
	school year	
College	Must be on	133 lbs., 149 lbs., 165 lbs., 184 lbs., 285 lbs.
	College Roster	

#### Women's Beach (WB)

Age		
Division		Weight Class / Other Information
High School	Must be 8 <sup>th</sup> -12 <sup>th</sup>	105 lbs., 115 lbs., 125 lbs., 135 lbs., 145 lbs., 170 lbs., 285 lbs.
	Grade in 23-24	
	school year	
College	Must be on	110 lbs., 124 lbs., 138 lbs., 160 lbs., 207 lbs.
	College Roster	

#### **COMPETITION**

Regular Beach wrestling rules will apply in all matches. Each weight division will be contested in a best 2 of 3 format. Each match will feature 3 rounds of matchups. If wrestler(s) from the same team win both round 1 and round 2, then no round three match will be conducted at that weight division (i.e.Final-X) Teams may have 1 or 2 people on their roster per weight division. Each wrestler on the roster MUST compete in round 1 or round 2 of the match. The round three competitor will be "coaches choice."

Every point scored is a point earned in individual matches. Bonus points will be added in the following manner: 3 point "fall" -3 bonus points Decision- 2 bonus points Win on criteria- 1 bonus point:

- Ex. 1- Wrestler executes a 3 point throw to end a match 3-0. Team score would be 6-0
- Ex. 2- The match score is 2-2 when wrestler A executes a 3 point throw to end the match. Team scoring would be 8-2
- Ex. 3- Wrestler A wins a match 3-1 with no 3 point move awarded. Team score would be 5-1
- Ex. 4- Wrestler A wins a match on criteria 2-2. Team score would be 3-2. 2 additional bonus points will be awarded for wins in Round 3.

Tiebreaking criteria – Most Falls/3 point actions, most decisions, most wins on criteria, random draw single takedown sudden death match