

Independence BEACH Wrestling Dual Championships

Wednesday, July 3rd, 2024

Teacher's Park

352 1st Ave NE, Independence, Iowa

High School/College Duals

Men's and Women's Divisions



REGISTRATION

Pre-Registration by Tuesday, July 2nd at 8:00PM by contacting either Michael Doyle (mdoyle@indeek12.org) or Matthew Shannon (mattindee1@gmail.com) High School or College Teams cost \$100.00 each to register.

This event is part of the USA Beach Wrestling Tour of America!

Free Live Music, Food Vendors and Drinks throughout day. Visit www.celebrateindee.com for more information about our huge 4th of July celebration.

WEIGH-INS

From 4:00pm – 4:30pm. Athletes must weigh in in their competition uniform (shorts for men / sports bra & shorts for women). You must present your USA card at weigh ins. All Weigh-ins will take place at Teacher's Park. Wrestling begins no earlier than 5:00PM. Dual weigh-in will count towards the individual tournament weigh-in if you are competing in the individual tournament.

MEMBERSHIP

Must have a USA Wrestling Card. Limited Folkstyle Card accepted. www.usawmembership.com

AWARDS

Will be given out at the conclusion of the tournament. The winning team will earn a donation towards their school or university's wrestling program equal to 50% of the total dual entry fees collected in their division.

RULES

UWW Beach Wrestling Rules will be used to conduct matches. Match consists of one 3-minute period. Dual Rules on next page. Individual Tournament info can be found on the Individual Tournament flyer.

QUESTIONS

Head Coach: Michael Doyle - mdoyle@indeek12.org

Tournament Director: Matthew Shannon - mattindee1@gmail.com



INDEPENDENCE BEACH WRESTLING INDIVIDUAL TOURNAMENT WEIGHTS

2024 BEACH WRESTLING DUAL TOURNAMENT DIVISIONS

Men's Beach (MB)

Age Division		Weight Class (lbs.) / Other Information
High School	Must be 8 th -12 th Grade in 23-24 school year	113 lbs., 126 lbs., 138 lbs., 150 lbs., 165 lbs., 190 lbs., 285 lbs.
College	Must be on College Roster	133 lbs., 149 lbs., 165 lbs., 184 lbs., 285 lbs.

Women's Beach (WB)

Age Division		Weight Class / Other Information
High School	Must be 8 th -12 th Grade in 23-24 school year	105 lbs., 115 lbs., 125 lbs., 135 lbs., 145 lbs., 170 lbs., 285 lbs.
College	Must be on College Roster	110 lbs., 124 lbs., 138 lbs., 160 lbs., 207 lbs.

COMPETITION

Regular Beach wrestling rules will apply in all matches. Each weight division will be contested in a best 2 of 3 format. Each match will feature 3 rounds of matchups. If wrestler(s) from the same team win both round 1 and round 2, then no round three match will be conducted at that weight division (i.e. Final-X) Teams may have 1 or 2 people on their roster per weight division. Each wrestler on the roster MUST compete in round 1 or round 2 of the match. The round three competitor will be "coaches choice."

Every point scored is a point earned in individual matches. Bonus points will be added in the following manner: 3 point "fall" – 3 bonus points Decision- 2 bonus points Win on criteria- 1 bonus point:

Ex. 1- Wrestler executes a 3 point throw to end a match 3-0. Team score would be 6-0

Ex. 2- The match score is 2-2 when wrestler A executes a 3 point throw to end the match. Team scoring would be 8-2

Ex. 3- Wrestler A wins a match 3-1 with no 3 point move awarded. Team score would be 5-1

Ex. 4- Wrestler A wins a match on criteria 2-2. Team score would be 3-2. 2 additional bonus points will be awarded for wins in Round 3.

Tiebreaking criteria – Most Falls/3 point actions, most decisions, most wins on criteria, random draw single takedown sudden death match